

Summer 2025

Group STAR Invitational Academy



July 7 to July 31, 2025

| JULY 7-10 | JULY 14-17 | JULY 21-24 | JULY 28-31 |
|--|--|--|--|
| <i>MON-THURS</i> <i>Noon - 4 PM</i> | <i>MON-THURS</i> <i>Noon - 4 PM</i> | <i>MON-THURS</i> <i>Noon - 4 PM</i> | <i>MON-THURS</i> <i>Noon - 4 PM</i> |
| Noon - 12:30 PM Skills, Power & Edge Class | Noon - 12:30 PM Skills, Power & Edge Class | Noon - 12:30 PM Skills, Power & Edge Class | Noon - 12:30 PM Skills, Power & Edge Class |
| 12:45 - 1:30 PM Dryland Training | 12:45 - 1:30 PM Dryland Training | 12:45 - 1:30 PM Dryland Training | 12:45 - 1:30 PM Dryland Training |
| 1:45 - 2:15 PM Jump & Spin Technique Class | 1:45 - 2:15 PM Jump & Spin Technique Class | 1:45 - 2:15 PM Jump & Spin Technique Class | 1:45 - 2:15 PM Jump & Spin Technique Class |
| 2:15 - 2:30 PM Field Move Finesse | 2:15 - 2:30 PM Field Move Finesse | 2:15 - 2:30 PM Field Move Finesse | 2:15 - 2:30 PM Field Move Finesse |
| 2:30 - 2:45 PM Flood/Break | 2:30 - 2:45 PM Flood/Break | 2:30 - 2:45 PM Flood/Break | 2:30 - 2:45 PM Flood/Break |
| 2:45 - 3:30 PM Creative Movement | 2:45 - 3:30 PM Creative Movement | 2:45 - 3:30 PM Creative Movement | 2:45 - 3:30 PM Creative Movement |
| 3:30 - 4:00 PM Dance Skills | 3:30 - 4:00 PM Dance Skills | 3:30 - 4:00 PM Dance Skills | 3:30 - 4:00 PM Dance Skills |
| <i>*THURS DRYLAND*</i> <i>ZUMBA</i> | <i>*THURS DRYLAND*</i> <i>BEACH VOLLEYBALL</i> | <i>*THURS DRYLAND*</i> <i>BALLET</i> | <i>*THURS DRYLAND*</i> <i>INLINE SKATING</i> |
| Thurs Theme: Stampede | Thurs Theme: Beach Day | Thurs Theme: Christmas in July | Thurs Theme: Throwback Thursday |

CLUB SPIRIT EVENTS

(PARTICIPATION OPTIONAL AT OWN EXPENSE, PARENT ATTENDANCE REQUIRED FOR YOUNGER MEMBERS)

JULY 17 - EVENING AT CALAWAY PARK | JULY 24 - PUBLIC SWIMMING AT SILVER SPRINGS POOL

AUG 5-8

STAR 3+ 9-10:30 AM

OPEN STAR 10:30 - NOON *GROUP STAR MEMBERS WELCOME