



Springbank Figure Skating Club Policy - Ice Etiquette Rules & Guidelines

This policy outlines the expected ice etiquette rules and safety guidelines for all Springbank FSC coaches, members and parents.

Etiquette is simply defined as the respectful and considerate behaviour expected by all parties while participating in club activities. It is also meant to ensure all parties feel safe and comfortable. This document helps identify what is expected of our coaches, skaters, and parents as members of the Springbank Skating Club when interacting with coaches, skaters, volunteers, facility staff and the arena facilities at all times, on and off the ice.

Ice etiquette rules are in effect at all times. Failure to abide by the rules below may result in the offending skater being removed from the ice. Continuous or flagrant abuse of the ice etiquette rules will be addressed accordingly by the Springbank FSC Board of Directors.

If a skater is asked to leave the ice surface, there will be no refund or credit for unused sessions or classes.

The following rules are to be observed while participating in any Springbank FSC ice sessions:

1. Verbal or physical abuse toward any skater, parent/guardian, coach, volunteer, board member or facility staff will not be tolerated.
2. The use of foul language or disruptive behaviour is unacceptable on or off the ice. Deliberately challenging, scaring or intentionally blocking another skater is prohibited. Any skater engaging in this behavior will be asked to leave the ice immediately for an indefinite period of time.
3. The coaches are responsible for the skaters at all times during the sessions. Failure of a skater to follow direction or rules may result in the skater being asked to leave the ice surface.
4. Parents are asked to refrain from coaching or offering instruction to their child(ren) during the sessions. Skaters and coaches find this distracting. If you have concerns, speak to your child's coach privately after the session.
5. Skaters are reminded to be aware of fellow skaters that may be moving in the opposite direction or performing jumps. When practising programs, skaters must learn to move around other skaters to complete their program and remain respectful and polite.
6. The skater whose music is being played and is practising their program has the right of way. It is the responsibility of everyone, coaches and skaters alike, to be aware of this skater and yield to the skater until the program is complete.
7. When a skater is practising his/her program, he/she is reminded to be polite when addressing another skater or coach that may be in his/her way.

8. All skaters must get up quickly after falling, unless injured, so as to not endanger other skaters on the ice.
9. Parents of skaters are responsible for the behaviour of their children during all sessions.
10. The corners/ends of the ice surface are considered to be the “jump” zones. There is to be no spinning in those areas, except skaters performing their programs.
11. All spins are to be done between the two blue lines.
12. **Experienced and older skaters should be mindful of less experienced or younger skaters and set an example as to when and how to yield to other skaters. Remember that all skaters were beginners once.**
13. At the end of each session, all skaters and coaches need to leave the ice promptly so the ice may be resurfaced. The last one off the ice is to please close the door.
14. Appropriate skating attire is required for all skaters on the ice. Jeans are discouraged. Hair should always be pulled back from the face. Hair elastics and/or athletic headbands are acceptable.

Safety

Safety of our skaters and coaches is of the utmost importance. It is imperative for everyone’s safety that all skaters stay aware of other skaters on the ice. Try to anticipate their patterns as you decide your own pattern.

Remember to look both ways before skating across the ice.

Keep moving while on the ice, as it is dangerous for both you and other skaters to stand still during a session. It is especially important not to stop in the middle of the ice or any of the jumping corners.

The skater doing a routine to music has the right of way. Colorful belts are provided to help identify the skater whose music is being played. Please stay aware of which skater is doing his or her routine and do your best to stay clear of his or her pattern. Please wear the belt when you play your music to help other skaters know you are skating your program.

I have read and understand this policy and agree to all of its provisions.

Springbank FSC SKATER First & Last Name:

Printed Name of Springbank FSC Member (Parent/Guardian if skater is under the age of 18):

Signature of Springbank FSC Member (Parent/Guardian if skater is under the age of 18):
