Summer 2024 Skating & Junior Invitational Academy

July 8 to Aug 9, 2024



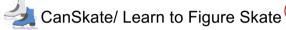
Groups













Schedule - July 8 to 11; July 15 to 18; July 22 to 25; July 29 to Aug 1: Aug 6 to 9*

STAR 3 & Above	STAR 1 and 2	CanSkate/LTFS
Summer Skating Academy	JR Invitational Academy	JR Invitational Academy
9:00 AM to 2:30 PM	Noon to 4:00 PM	3:15 to 4:00 PM
9:00 - 9:45 AM - Dryland	12:00 - 12:45 PM - FreeSkate	3:15 - 4:00 PM - CanSkate/LTFS
10:00 - 10:30 AM - Stroking	12:45 - 1:30 PM - Lunch	*Aug 6 - 9 Modified Schedule*
10:30 - 11:45 AM - FreeSkate	1:45 - 2:30 PM - Dryland	9:00 - 10:00 AM STAR 6+
11:45 - 12:30 PM - Lunch	2:45 - 3:15 PM - Stroking	10:00 - 11:00 AM Open STAR
12:30 - 1:15 PM Jump Technique	3:15 - 4:00 PM - FreeSkate	11:00 AM - Noon STAR 1 - 5
1:15 - 2:30 PM FreeSkate		11:00 AM - 11:45 AM - LTFS



REGISTER NOW

- 25% Discount on Registration Before April 30
- Daily Drop In Rates Available at a Surcharge
- Junior Invitational Academy STAR 1 and 2 CanSkate & LTFS *Code Required to Register* **Registration Opens Early March**

Questions? Email <u>springbankfsc.coordinator@gmail.com</u> *Springbank FSC reserves the right to cancel any programming where registrations do not meet required minimums*